

# What is Population Health AI?

Shiva Kaul (CAB, TIDE)



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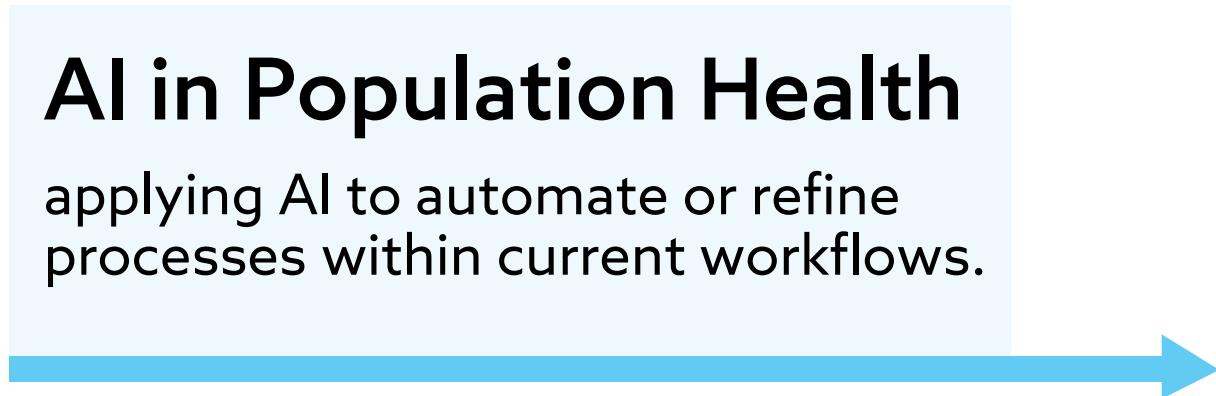
Sijie Zhao (Harvard TH Chan)

## **AI in Population Health**

applying AI to automate or refine  
processes within current workflows.

**AI**

**PH**



# Processing Electronic Case Reports with Generative AI



**CAB**  
CENTER FOR AI AND BIOMEDICAL INFORMATICS



**DCHHS**  
Dallas County Health and Human Services



**HARVARD**  
**T.H. CHAN**

Condition category	Number of conditions	Condition Name (s)
<b>Birth Defects and Infant Disorders</b>	58	Anencephaly; Anophthalmia; Anotia; Aortic Valve Stenosis; Atrial Septal Defect; Atrioventricular septal defect (Endocardial cushion defect); Biliary Atresia; Bladder Extrophy; Choanal Atresia; Cleft Lip Alone; Cleft Lip with Cleft Palate; Cleft Palate Alone; Cloacal Extrophy; Clubfoot; Coarctation of the Aorta; Congenital cytomegalovirus (cCMV) Infection and Disease; Congenital Posterior Urethral Valves; Cystic Fibrosis; Diaphragmatic Hernia; Double Outlet Right Ventricle (DORV); Down Syndrome; Ebstein Anomaly; Encephalocele; Esophageal Atresia/Tracheoesophageal Fistula; Fetal Alcohol Spectrum Disorders; Galactosemia; Gastroesophageal Reflux Disease; Homocystinuria; Hypoplastic Left Heart Syndrome (HLHS); Hypopspadias; Infant Hearing Loss; Interrupted Aortic Arch; Limb Reduction; Medium-chain Acyl-CoA Dehydrogenase Deficiency; Microphthalmia; Microtia; Neonatal Abstinence Syndrome; Omphalocele; Phenylketonuria; Primary Congenital Hypothyroidism; Pulmonary Valve Atresia and Stenosis; Rectal and Large Intestinal Atresia and Stenosis; Renal Agenesis and Hypoplasia; Severe Combined Immunodeficiency; Sickle Cell Anemia (Hemoglobin SS Disease); Single Ventricle; Small Intestinal Atresia and Stenosis; Spina Bifida; Spinal Muscular Atrophy; Tetralogy of Fallot (TOF); Total Anomalous Pulmonary Venous Connection (TAPVC); Transposition of the Great Arteries (TGA); Tricuspid Valve Atresia and Stenosis; Trisomy 13; Trisomy 18; Truncus Arteriosus (Common Truncus); Ventricular Septal Defect; X-linked Adrenoleukodystrophy
<b>Bloodborne Diseases</b>	6	Hepatitis B Virus Infection; Hepatitis B Virus Infection, Perinatal; Hepatitis C Virus Infection; Hepatitis C Virus Infection, Perinatal; Hepatitis D Virus Infection; Hepatitis G Virus Infection
<b>Cancer</b>	1	Cancer
<b>Enteric Diseases</b>	22	Amebiasis; Campylobacteriosis; Cholera; Clostridioides difficile (C. diff) infection; Clostridium perfringens Infection; Cryptosporidiosis; Cyclosporiasis; Giardiasis; Hemolytic uremic syndrome (HUS); Hepatitis A Virus infection; Hepatitis E Virus infection; Listeriosis; Non-pestis Yersiniosis; Non-Polio Enterovirus Infection; Norovirus Infections; Rotavirus Disease; S. Paratyphi Infection; S. Typhi Infection; Salmonellosis; Shiga toxin-producing Escherichia coli (STEC) infection; Shigellosis; Vibriosis
<b>Healthcare-Associated Events</b>	16	Candida auris infection; Candidemia; Carbapenemase-Producing Organisms (CPO); Carbapenem-resistant Acinetobacter baumannii (CRAB); Carbapenem-resistant Enterobacteriaceae (CRE); Carbapenem-resistant Pseudomonas aeruginosa (CRPA); Catheter-associated Urinary Tract Infection (CAUTI); Central Line- associated Bloodstream Infection (CLABSI); Staphylococcus aureus Infection; Surgical Site Infection (SSI); Vaccine Adverse Event; Vaccinia Disease or Adverse Event; Vancomycin-intermediate Staphylococcus aureus (VISA); Vancomycin- resistant Enterococci (VRE) Infection; Vancomycin-resistant Staphylococcus aureus (VRSA); Ventilator-associated Event (VAE)
<b>Injuries, NEC</b>	7	Animal Bite Injury; Drowning and Submersion; Drug Overdose and Poisoning, Non-opioid; Firearm-related injury; Head Injury; Motor Vehicle Injury; Suicide
<b>Neurological Diseases</b>	7	Acute Flaccid Myelitis (AFM); Creutzfeldt-Jakob Disease (CJD) and Variant Creutzfeldt-Jakob Disease (vCJD); Encephalitis; Guillain-Barré Syndrome; Meningitis; Parkinson's disease; Prion Disease (Human)
<b>Parasitic Diseases</b>	3	Echinococcosis; Scabies; Strongyloidiasis
<b>Respiratory Conditions (infectious)</b>	16	Blastomycosis; Coccidioidomycosis; COVID-19; Cryptococcosis; Hansen's disease; Histoplasmosis; Influenza-like Illness (ILI); Legionellosis; Middle East Respiratory Syndrome (MERS); Nontuberculous Mycobacteria Infection, Pulmonary; Psittacosis; Respiratory Syncytial Virus (RSV); Respiratory Syncytial Virus (RSV)-Associated Mortality; Severe Acute Respiratory Syndrome (SARS); Tuberculosis; Tuberculosis, Latent Infection (LTBI)
<b>Respiratory Conditions (non-infectious)</b>	7	Asbestosis; Byssinosis; Chemical Pneumonitis; Coal Workers' Pneumoconiosis (CWP); Farmer's Lung; Silicosis or pneumoconiosis due to dust containing silica; Work-related Asthma (WRA)
<b>Sexually Transmitted Diseases</b>	13	Chancroid; Chlamydia trachomatis infection; Genital Warts; Gonorrhea; Granuloma Inguinale (Donovanosis); Herpes, Genital; Herpes, Neonatal; HIV Infection or AIDS; Nongonococcal Urethritis; Ophthalmia Neonatorum; Pelvic Inflammatory Disease; Syphilis; Syphilis, Congenital
<b>Streptococcal Diseases</b>	3	Rheumatic Fever; Streptococcal disease, invasive, Group A; Streptococcal disease, invasive, Group B
<b>Systemic Conditions</b>	6	Invasive Cronobacter Infection Among Infants; Kawasaki Disease; Methemoglobinemia; Multisystem Inflammatory Syndrome in Adults (MIS-A); Multisystem Inflammatory Syndrome in Children (MIS-C); Reye's Syndrome
<b>Toxic Effect of Non-Medicinal Substances</b>	16	Agricultural Chemicals (Fertilizer) Poisoning; Arsenic Exposure and Toxicity; Botulism; Botulism, Infant; Cadmium Exposure and Toxicity; Carbon Monoxide Poisoning; Cyanobacteria And Cyanotoxin Poisoning; Lead in Blood; Mercury Exposure and Toxicity; Non-Streptococcal Toxic Shock Syndrome; Opioid Overdose and Poisoning; Pesticide Related Illness or injury; Ricin Poisoning; Seafood Poisoning; Staphylococcal Enterotoxin B Poisoning; Streptococcal Toxic Shock Syndrome
<b>Vaccine Preventable Diseases</b>	19	Congenital Rubella Syndrome (CRS); Diphtheria; Influenza; Influenza-Associated Hospitalizations; Influenza-Associated Mortality; Influenza-associated pediatric mortality; Invasive Haemophilus Influenzae Disease; Invasive Pneumococcal Disease; Measles; Meningococcal disease; Mumps; Novel Influenza A Virus Infection; Orthopoxvirus Disease; Pertussis; Poliovirus Infection; Rubella; Smallpox; Tetanus; Varicella
<b>Vectorborne Diseases</b>	35	Alpha-gal Syndrome; Anaplasmosis; Arboviral Disease [Other]; Babesiosis; Bartonellosis; California Serogroup Virus Disease; Chagas Disease; Chikungunya virus disease; Colorado tick fever; Dengue Virus Infection; Eastern equine encephalitis virus disease; Ehrlichiosis; Jamestown Canyon virus disease; Japanese encephalitis virus disease; Keystone virus disease; La Crosse virus disease; Leishmaniasis; Louse-borne relapsing fever (LBRF); Lyme disease; Lymphatic Filariasis; Malaria; Oropouche Virus Disease; Powassan virus disease; Snowshoe hare virus disease; Spotted Fever Rickettsiosis; St. Louis Encephalitis Virus Infection; Tick Paralysis; Tickborne relapsing fever (TBRF); Trivittatus virus disease; Tularemia; Typhus Fever; West Nile Virus Infection; Western equine encephalitis virus disease; Yellow fever; Zika Virus Disease
<b>Waterborne (not enteric)</b>	5	Acanthamoeba; Balamuthia mandrillaris Disease; Melioidosis; Naegleria fowleri Primary Amebic Meningoencephalitis; Nontuberculous Mycobacteria Infection, Extrapulmonary
<b>Zoonotic Diseases</b>	20	Angiostrongyliasis; Anthrax; Baylisascariasis; Brucellosis; Cysticercosis; Diphyllobothriasis; Glanders; Hantavirus Infection; Leptospirosis; Lymphocytic Choriomeningitis; Mpox; Nipah Virus Infection; Plague; Q fever; Rabies (Human); Taeniasis; Toxoplasmosis; Trichinellosis; Vesicular Stomatitis; Viral Hemorrhagic Fever (VHF)

## INIT

Eve Everywoman  
Patient Identifiers  
123453 Meaningless

## ABOUT

Date of Birth  
11/24/1974  
Sex  
Female  
Race  
White  
Ethnicity  
Not Hispanic or Latino  
Preferred Language  
English

## CONTACT

Home (07/20/2000)  
2222 Home Street  
Ann Arbor, MI  
99999, US  
tel: (Primary Home) -  
tel: (Work Place) -  
{\$code='email'?:}

## PARENT/GUARDIAN

Martha Mum

## CONTACT

Home  
4444 Home Street  
Ann Arbor, MI  
99999, US  
tel: (Primary Home) +1  
email: mail@guardian.

## AUTHOR

Time:  
11/7/2020, 09:44  
Acme EHR  
OID: 2.16.840.1.113883.3.72.5.20

## CONTACT

1002 Healthcare Drive  
Ann Arbor, MI  
99999, US  
tel:

## ENC

Encounter  
Office outpatient  
Encounter  
Diagnosis

## PLAN OF TR

Initial Case  
Report Trigger  
Code Lab Test  
Order

Zika virus  
envelope (E)  
[Presence] in  
Serum  
by Probe and  
target amplific  
method

## ENCOUNTER

HISTORY OF PI  
Persistent Cough  
Whooping Respir  
Paroxysms Of Co  
Post-tussive vomi

## MEDICATIONS

Medication  
Azithromycin 500

## PROBLEMS

Concern  
Problem  
Problem  
Symp  
Comp

Concern  
Problem

## CHIEF COMPLAINT

Chief Complaint

## REASON FOR VISIT

Reason for Visi

## RESULTS

Results Panel  
CBC W Auto  
Blood

## HISTORY OF PI

Persistent Cough  
Whooping Respir  
Paroxysms Of Co  
Post-tussive vomi

## MEDICATIONS

Medication  
Azithromycin 500

## Results Panel

## Specimen ID

## Date(s)

## Test

Hematocrit  
Lymphocytes  
[#/volume] in  
Blood by  
Automated  
count

## Results Panel

Bordetella pertussis  
[Units/volume] in Serum

## Initial Case Report

Trigger

Code Result

Observation

## PROCEDURES

## Procedure

Colonic polypectomy

## IMMUNIZATIONS

## Immunization

diphtheria, tetanus toxo  
pertussis vaccine, 5 per

## Results Panel

Bordetella pertussis  
in Throat by Organis

## Initial Case Report

Trigger

Code

Immunization

Medication

Activity

influenza virus  
vaccine,  
unspecified  
formulation

## Results Panel

## Specimen ID

## Date(s)

## Test

Initial Case Report

Trigger

Code Result

Observation

## Travel History: Date(s)

1999 to 2007

In the 3 weeks before

NOV 9, 2020

APR 25, 2020 to APR

30, 2020

MAY 6, 2020 to MAY 15,  
2020

JUL 13, 2020 to JUL 15,  
2020

OCT 22, 2020 to OCT  
30, 2020

## PROCEDURES

## Procedure

Colonic polypectomy

## Country of Residence

United Kingdom of Great

## Country of Nationality

Australia

## IMMUNIZATIONS

## Immunization

diphtheria, tetanus toxo  
pertussis vaccine, 5 per

## Initial Case Report

Trigger

Code

Immunization

Medication

Activity

influenza virus  
vaccine,  
unspecified  
formulation

Date(s) over which  
status holds  
(if no high date, status  
was  
current at time of  
recording)

Pregnancy  
Status

Determination  
Method

Determination  
Date

Recorded  
Date

Estimated Date of Delivery

EDD

EDD Determination Date

Delivery date estimated from ovulation date

MAY 22, 2017 OCT 1, 2017 10:15

Estimated Gestational Age of Pregnancy

Days Determination Date

Gestational age Estimated from selected delivery date

143 d OCT 1, 2017 10:15

Reference to selected delivery date

Link to referenced entry

## Pregnancy Outcome

## Birth Order

## Time

## Method of Delivery

Stillbirth (finding)

1

JAN 5, 2020 08:50 Breech delivery (procedure)

Term birth of newborn (finding)

2

JAN 5, 2020 10:05 Breech delivery (procedure)

## Last menstrual period start date

## Observation Date

AUG 1, 2017

JAN 5, 2020 10:15

## Postpartum Status

## Observation date

Mid postpartum state (finding)

JAN 5, 2020 10:15

## VITAL SIGNS (LAST FILED)

## Date

## Blood Pressure

## Pulse

## Temperature

## Respiratory

## Rate

## Height

## Weight

## BMI

## SpO2

05/20/2014

120/

80

mm[Hg]

/min

99.0 F

18 /min

5'7

(67

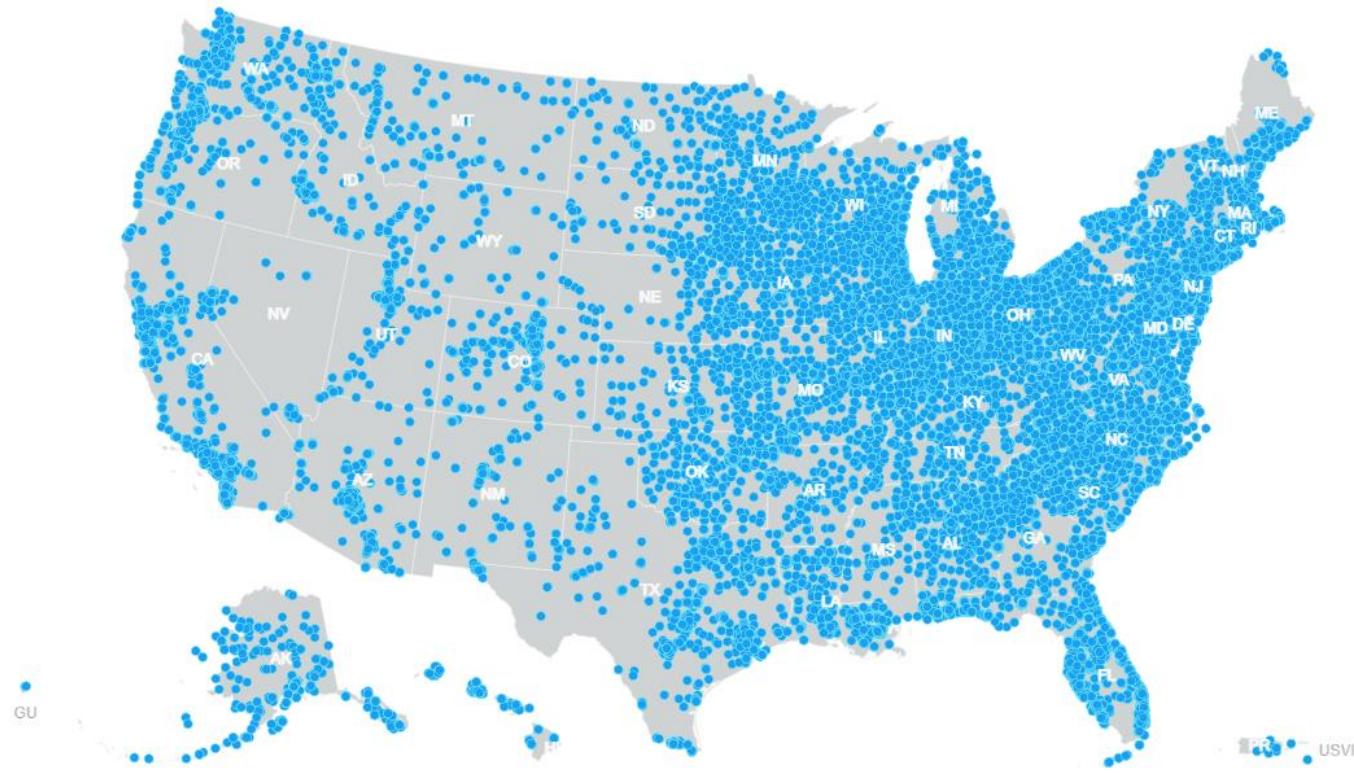
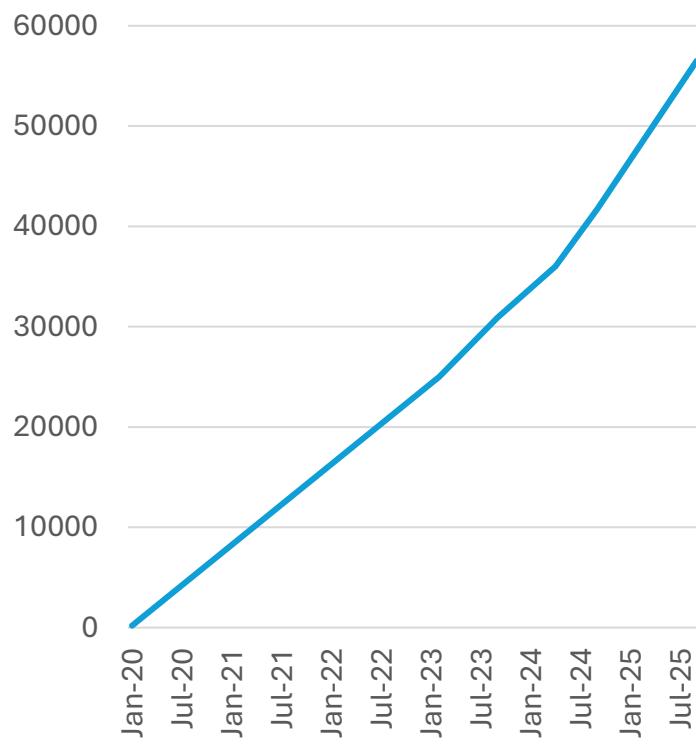
inches)

239.9

kg/m2

7:36pm

**Sep 2025: "56,500 facilities in all 50 states and three territories are actively sending electronic initial case reports to public health"**



**INITIAL PUBLIC HEALTH CASE REPORT**

**Eve Everywoman**  
Patient Identifier  
12345 Meaningless identifier, not to be used for any actual entities. Example

**ABOUT**  
Date of Birth: 11/24/1974  
Sex: Female  
Race: White  
Ethnicity: Not Hispanic or Latino  
Preferred Language: English

**CONTACT**  
Home: (07/20/2000, 08:45 to present)  
2222 Home Street  
Ann Arbor, MI  
48105-1234  
tel: (Primary Home) +1-555-555-2003  
tel: (Work Place) +1-555-555-2004  
[bcoed@femail]: (Primary Home) eve@everywoman.com

**PARENT/GUARDIAN**  
Martha Mum

**CONTACT**  
Home: 4444 Home Street  
Ann Arbor, MI  
48105-1234  
tel: (Primary Home) +1-555-555-2006  
email: mml@guardian.com

**AUTHOR**  
Time: 11/7/2020, 09:44  
Acme EHR  
OID: 2.16.840.1.113883.3.72.5.20

**ENCOUNTER**  
Identifier: 9957015 OID: 2.16.840.1.113883.19  
Type: Ambulatory  
Date: From: 11/7/2020, 08:44  
To: 11/8/2020, 11:21  
Location: Hospital Facility Name of Good Health

**RESPONSIBLE PARTY**  
Henry Seven, M.D. of Community Health

**CONTACT**  
1002 Healthcare Drive  
Ann Arbor, MI  
48105-1234  
tel: (Work Place) +1(555)555-1003  
fax: (Work Place) +1(555)555-1024  
email: (Work Place) mnh@provider.net

**PLAN OF TREATMENT**  
Initial Case Report Trigger Code Lab Test Trigger Code  
Order Code System  
Trigger Code System

2kDa envelope (E) gene [Presence] in Serum by Probe and target amplification method

**ENCOUNTERS**

**HISTORY OF PRESENT ILLNESS**  
Persistent Cough REPORTED starting on 2020/10/05 Whooping Respiration not reported Paroxysms Of Coughing REPORTED starting on 2020/11/01 Post-tussive vomiting not reported

**MEDICATIONS ADMINISTERED**  
Medication Dose Duration Route  
Asthromycin 500 MG Oral Tablet 1 g NOV 7, 2020 11:59 ORAL

**RESULTS**  
Results Panel Specimen ID Date(s)  
Test Outcome Interpretation Date(s) Reference Range Reference Range Interpretation Reference Range Description

Initial Case Report Trigger Code Result Observation Trigger Code codeSystem RCTC OID  
Bordetella pertussis Ab [Units/volume] in Serum

Initial Case Report Trigger Code Result Observation Trigger Code codeSystem RCTC OID  
Bordetella pertussis Ab 11585-7 LOINC 2.16.840.1.114222.4.11

**PROCEDURES**  
Procedure Date  
Colonic polypectomy November 15, 2020

**IMMUNIZATIONS**  
Immunization  
diphtheria, tetanus toxoids and acellular pertussis vaccine, 5 pertussis antigens

Initial Case Report Trigger Code Immunization Medication Administration Activity Immunization Date Trigger Code codeSystem RCTC OID  
influenza-virus vaccine, unspecified formulation NOV 11, 2020 88 CVX 2.16.840.1.114222.4.11

**PREGNANCY SECTION**  
Date(s) over which status holds (if no high date, status current at time of recording) Determination Method Date Determination Date Recorded Date

Pregnancy Status Estimated Date of Delivery EDD EDD Determination Date  
Delivery date estimated from ovulation date MAY 22, 2017 OCT 1, 2017 10:15

Estimated Gestational Age of Pregnancy Days Determination Date  
Gestational age Estimated from selected delivery date 143-d OCT 1, 2017 10:15

Reference to selected delivery date  
Link to referenced entry

**PREGNANCY OUTCOME**  
Birth Order Time Method of Delivery  
Stillbirth (funding) 1 JAN 5, 2020 08:50 Breech delivery (procedure)  
Term birth of newborn (funding) 2 JAN 5, 2020 10:05 Breech delivery (procedure)

**LAST MENSTRUAL PERIOD START DATE**  
Last menstrual period start date Observation Date  
AUG 1, 2017 JAN 5, 2020 10:15

**POSTPARTUM STATUS**  
Postpartum status Observation date  
Mid postpartum state (funding) JAN 5, 2020 10:15

**VITAL SIGNS (LAST FILED)**  
Date Blood Pressure Pulse Temperature Respiratory Rate Height Weight BMI SpO2  
05/20/2014 120/ 80 mmHg 60 99.0 F 18 min 57 (67 inches) lbs 37.58 kg/m2 98% ▼

Pregnancy Status Determination Method Date Determination Date Recorded Date  
Pregnant AUG 26, 2017 Diagnostic ultrasonography OCT 1

Harmonize, structure, monitor

ECRBench: how well does AI do?

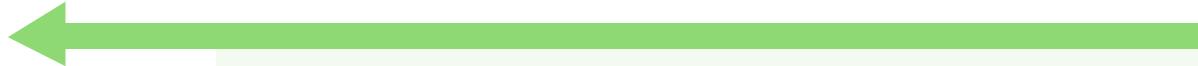
# AI

## AI in Population Health

applying AI to automate or refine processes within current workflows



# PH



using data, methods, and priorities of population health to improve AI

## Population Health AI

 "population health ai" X Microphone Camera Search

 <https://pmc.ncbi.nlm.nih.gov/articles/PMC11269274> ⋮

## Population Health and Artificial Intelligence - PMC

by RK Mutharasan · 2024 · Cited by 3 — While these risk factors are not currently well accounted for by payers in reimbursement models for population health, AI algorithms hold promise for ...

 University of California - Davis Health <https://health.ucdavis.edu/news/headlines/2025/04> ⋮

## UC Davis Health uses AI models to leave no patient behind

Apr 10, 2025 — The population health AI predictive model created by a multidisciplinary team of experts is called BE-FAIR (Bias-reduction and Equity ...)

 LinkedIn · Novartis Foundation ⋮

330+ reactions · 1 year ago ⋮

## What is the role of AI in population health?

In population health, AI needs to be used in partnership with local stakeholders, health professionals, and policymakers, to embrace the ...

 Penn AI <https://ai.upenn.edu/ai-health> ⋮

## AI + Health

In the realm of population health, AI contributes to the development of personalized healthcare strategies by analyzing demographic information ...

 American Healthcare Leader <https://americanhealthcareleader.com/ai-predictive-an> ⋮

 Google Scholar "population health ai" Search

 **Articles** About 90 results (0.21 sec)

Any time [\[HTML\] Population Health and Artificial Intelligence](#)  
 Since 2025 [RK Mutharasan, J Walradt - JACC: Advances, 2024 - jacc.org](#)  
 Since 2024 Population health refers to the focus on the health status and health outcomes of a group of individuals, with specific focus on the distribution of outcomes within the group. As such, ...  
 Since 2021  
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 Sort by date [G Samuel, H Diedericks... - Public Understanding of..., 2021 - journals.sagepub.com](#)  
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... The participants appeared to be relatively ambivalent about the use of a digital app to mobilize citizen engagement in the ethics of population health AI. As O'Connor et al [29] suggested...  
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include patents [Harnessing artificial intelligence in radiology to augment population health](#)  
 include citations [JZT Sim, KN Bhanu Prakash, WM Huang... - Frontiers in medical..., 2023 - frontiersin.org](#)  
... Improving population health: AI is essential in analysing the big data that comes with population health, identifying trends thereby allowing healthcare providers to make informed ...  
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"Use data, methods, and priorities of population health to improve AI"

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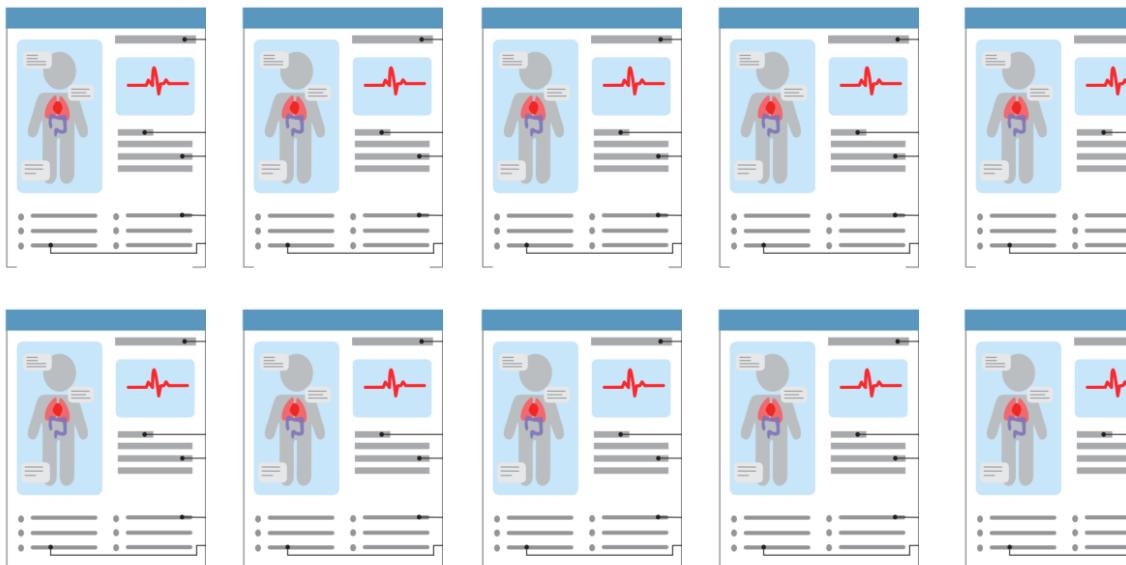
**Why?**

# Answering Population-Scale Health AI Questions

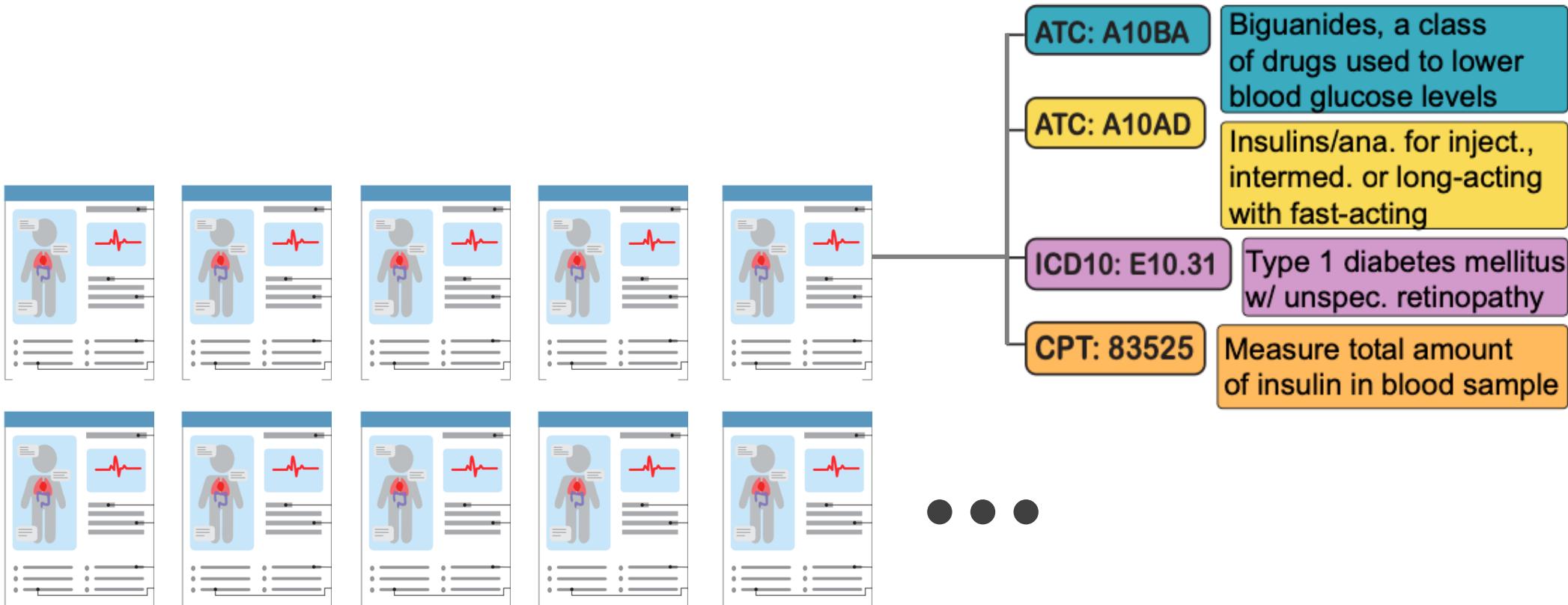


# Population Health answers questions about groups of people.

- “Between these two cohorts, were there systematic deviations in quality of care?”
- “Given a treatment and control group, did the protocol work? (Adjust for confounders).”
- “Among these emergency department patients, select the 5 most emergent.”



**Population Health answers questions about groups of  $n > 20$  longitudinal patient records (time series of medical codes).**



Population Health answers questions about groups of  $n > 20$  longitudinal patient records (time series of medical codes).

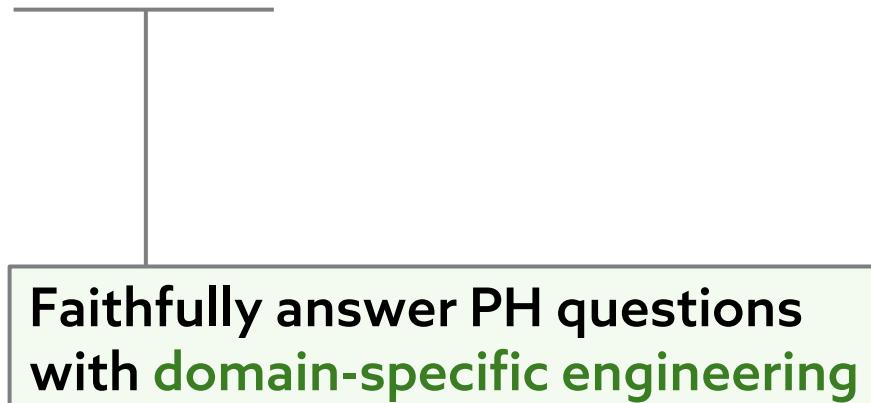


$\sim 20 \text{ tokens/code} \times \sim 6000 \text{ codes/outpatient} = 120K \text{ tokens/outpatient}$   
Maximum input tokens to GPT-5 = 272K tokens

Can we skip text and directly, efficiently convey codes to LLMs?

"Use data, methods, and priorities of population health to improve AI"

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Why?

Faithfully answer PH questions  
with domain-specific engineering

# Unifying AI and Evidence-Based Medicine



**Carnegie Mellon**

Model	Med-Gemini-* [Yang et al., 2024]	Med-Gemini-(LM) [Saab et al., 2024]	AMIE [Tu et al., 2025]	Med-PaLM 2 [Singhal et al., 2025]	Med-PaLM [Singhal et al., 2023]	OpenBioLLM [Pal and Sankarasubbu, 2024]	Me-LLaMA [Xie et al., 2024]	MEDITRON [Chen et al., 2023]	Med42-v2 [Christophe et al., 2024]	TxAgent [Gao et al., 2025]	LLaVA-Med [Li et al., 2023]	BioMistral [Labrak et al., 2024]
Size	100B+ MoE	100B+ MoE	300B+ MoE	300B+ MoE	540B	70B	70B	70B	70B	8B	7B	7B
<b>Web Crawl</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>QA Training Splits</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Publications</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Clinical Trials</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Guidelines</b>	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>Patient Data</b>	✓	✓	✓			✓	✓		✓	✓		
<b>Treatment Outcomes</b>	*											

\* Yang et al. [2024] use genomic and outcome data, but not treatment data, from the UK Biobank.

**Longitudinal, observational data are the foundation of PH.**  
**They are nonexistent in current medical LLMs.**

An 87-year-old female with a documented medical history of atrial fibrillation, chronic heart failure with preserved ejection fraction (HFpEF), hypertension, hypokalemia, vitamin D deficiency, and glaucoma is taking the following medications:

Aspirin 81 mg, once daily

Diltiazem 240 mg extended-release, once daily

Furosemide 40 mg, once daily

Metoprolol tartrate 50 mg, twice daily

Potassium chloride 20 mEq, once daily

The patient is experiencing moderate pedal edema and has an unstable gait. Medication non-adherence is an ongoing issue. Additionally, a recent echocardiogram indicates that the patient's Left Ventricular Ejection Fraction (LVEF) has worsened to less than 40%. What are the next steps of treatment?

- Diltiazem: consider sacubitril-valsartan for further optimization of GDMT.
- Furosemide: increase dose to address volume overload and pedal edema.
- Metoprolol tartrate: consider succinate for hypertension management - no consideration for pill burden.
- Added: SGLT2 inhibitors and spironolactone. No consideration for pill burden.

1. Sodium-glucose cotransporter-2 inhibitors (SGLT2i). Initiate dapagliflozin or empagliflozin, as these agents have demonstrated

## Optimizing Medications in Patients with Cardiovascular Disease: A Case Report on Unrecognized Prescribing Cascades in Older Adults

Ha M; Meyer K; Matos A; Turgeon J; \* Chandni Bardolia;

### Author Information

Sep 03, 2021 | Volume: 2 | Issue: 3 | Views: 3468 | Downloads: 2325 |

### Abstract

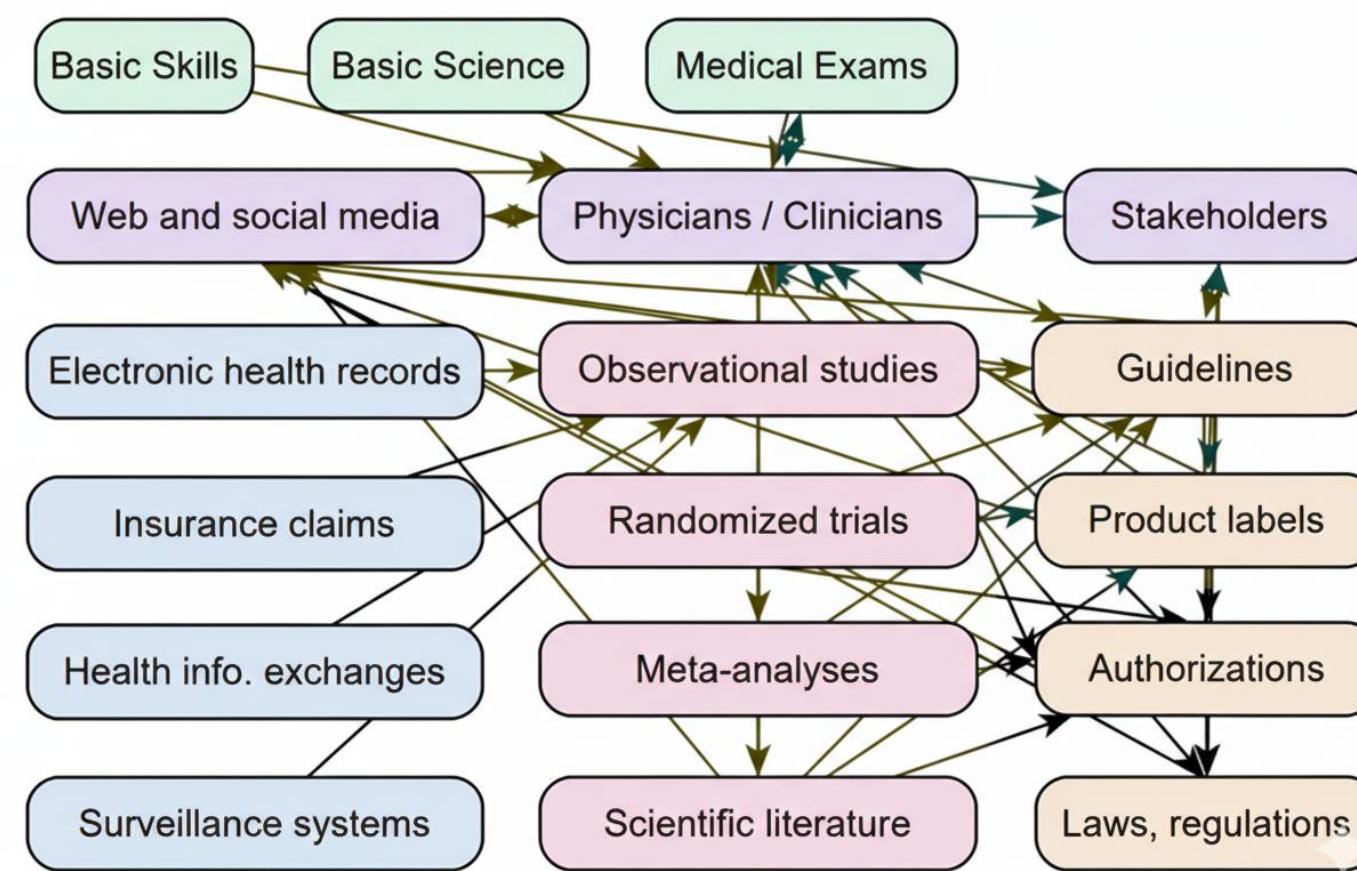
**Objective:** Older adults with cardiovascular diseases are especially prone to polypharmacy due to comorbidities and consequent complexity of medication regimens. Prescribing cascades can occur when a side effect is misinterpreted as a new medical condition to initiate without significant healthcare team involvement. It can be difficult to manage these cases, especially in patients with chronic heart failure.

- Diltiazem: discontinued. Replaced by losartan due to HFrEF, edema.
- Furosemide: reduce dose because of diltiazem → edema cascade.
- Metoprolol tartrate: switch to succinate to reduce pill burden (once daily) and maintain outcome.

**Case Presentation:** A 75-year-old female with a history of hypertension and chronic heart failure was admitted to the hospital due to polypharmacy. Her medications were deemed inappropriate due to her comorbidities. Her healthcare team, including a pharmacist, identified a need for potassium supplementation. The team recommended reducing the dose of furosemide and discontinuing diltiazem. The healthcare team, including a pharmacist, recommended switching to a once-daily metoprolol succinate to reduce pill burden and maintain outcome.

**Conclusion:** Resolving polypharmacy in older adults with cardiovascular disease can be challenging. Deprescribing should be a top priority in medication safety, particularly for older adults with cardiovascular disease. Polypharmacy interventions are necessary to encourage safe use and improve patients' overall wellbeing.

# Where is ground truth?



If human-written text is ground truth, can AI go beyond it?

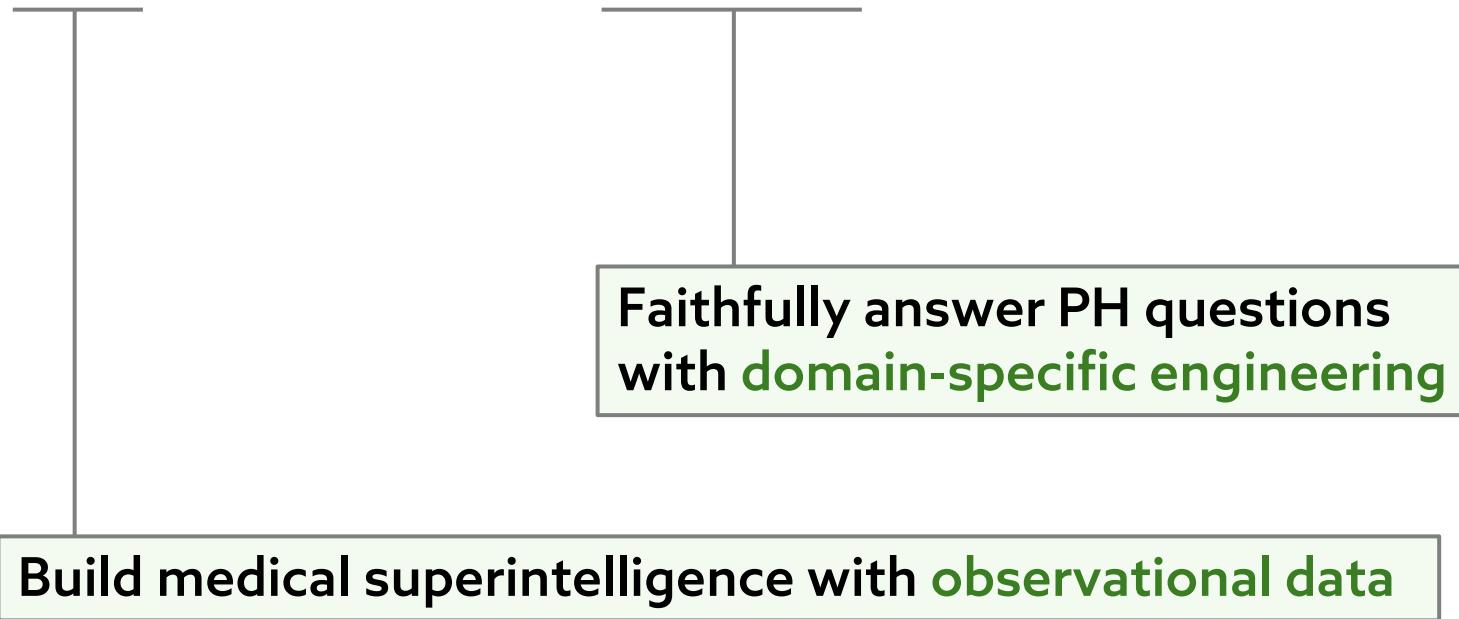
# AI



# PH

"Use data, methods, and priorities of population health to improve AI"

**Why?**



Faithfully answer PH questions  
with domain-specific engineering

Build medical superintelligence with observational data

# Targeting subgroup interventions with AI



# Internal Business User

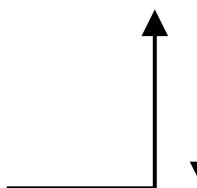


*"Help me find a subgroup of members who would benefit from this intervention"*

## Language Model with Reasoning, Tool Calling



*Call into software stack, obtain analyses*



*Call LLM to automate internal processes*

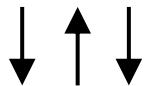
## Analytics Software



*Internal, read-only database queries*

## Insurance Claims Database

# Internal Business User



*"Help me find a subgroup of members who would benefit from this intervention"*

## Language Model with Reasoning, Tool Calling



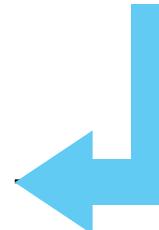
*Population Health AI*

## Analytics Software



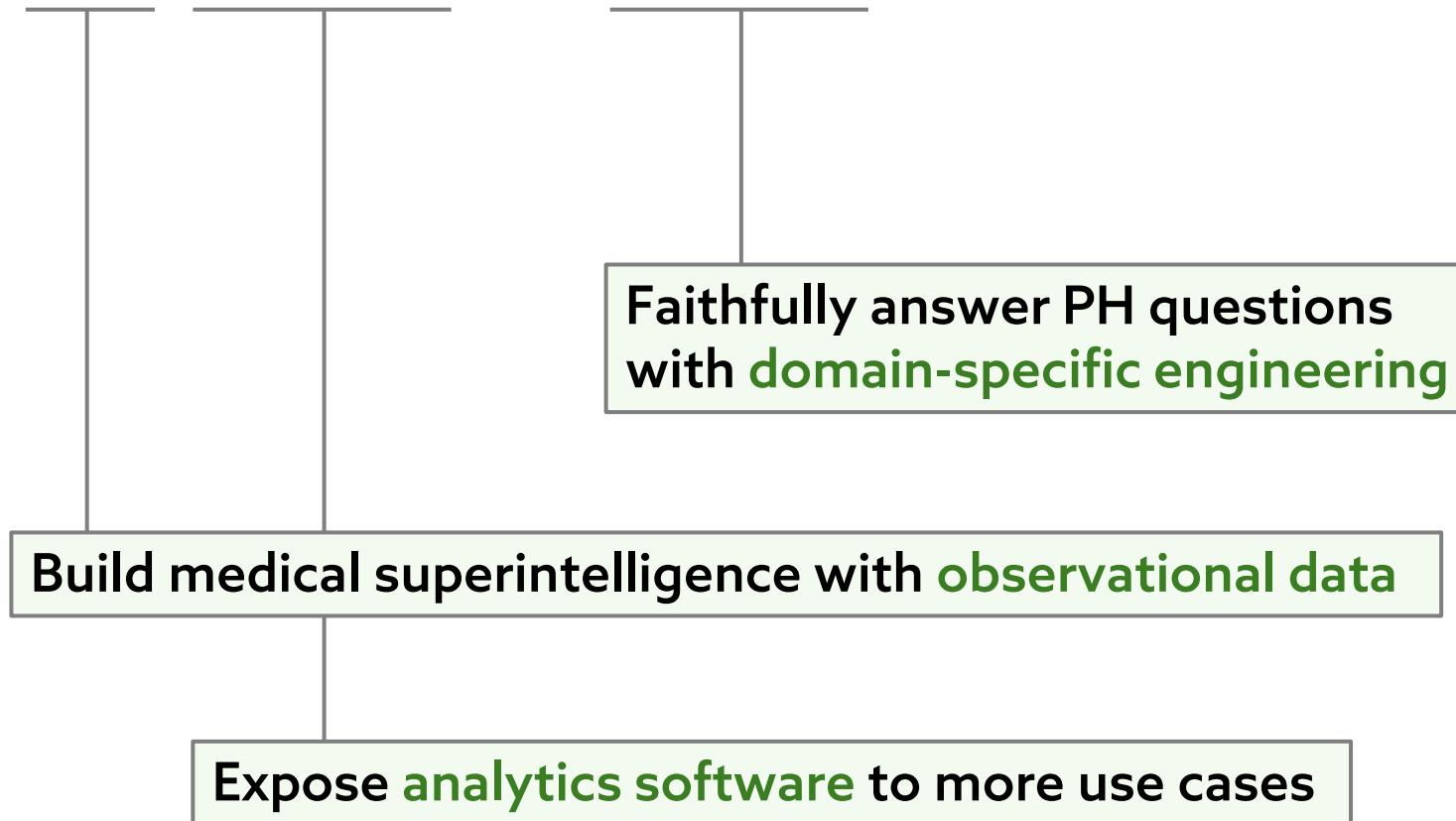
*Internal, read-only database queries*

## Insurance Claims Database



*AI in Population Health*

"Use data, methods, and priorities of population health to improve AI"



**Why?**

"Use data, methods, and priorities of population health to improve AI"

# How? Where?



**Reading Group**  
1<sup>st</sup> Monday, every month